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nissan s recommended 350z oil types the nissan 350z owner s manual recommends using 5w 30 or 10w 30 motor oil if the weather is hot nissan suggest using 10w 30 if it s cold you don t want to go beyond 5w 30 weight oil the first number 5w refers to cold weather viscosity the w stands for winter most engine and engine component manufacturers recommend zinc and phosphorus content of more than 1 200 ppm for break in in fact many will void warranties on camshafts or crate engines if this minimum is not found in the oil sample you supply when returning broken parts for warranty for this reason many manufacturers produce their own zinc contains zinc and phosphorus for increased lubricity these elements effectively plate to metal surfaces in your engine to create a protective barrier synthetic formulation far more stable and robust than inexpensive oil from your local auto parts store or big retail outlet gas diesel compatible one product for many many applications the engine in a nissan 350z while strong does consume more oil than a lot of the competition it is a good idea to make sure to check the oil regularly to make sure that it is full since low oil can lead to excessive wear and tear on the engine components reply save tanabe350z 4 oct 16 2010 edited here you go friend this thread will help you out 350z tech com forums 148 australia 62156 oils oils oils html some good brands are motul elf eneos redline and royal purple imo i would stay with the regular weight 10w40 for reliability part 797975 sku 561522 check if this fits your 2004 nissan datsun 350z location engine oil notes synthetic blend 5w 30 1 quart daily protection synthetic blend it 39 s a

higher performance version of the vq36de that some higher trim 350z had in 05 and 06 makes more power higher redline exhaust vvt different tuning and other changes but it 39 s known to also be less reliable and burn more oil which if this is a revup makes 500k miles even more unbelievable 2 1 more reply what engine oils are high in zinc hydraulic flat tappet camshafts were used in most production vehicles up until the mid 1980s and can wear quickly or fail without the proper oil in a previous article on zddp additives we explained the purpose of zinc in oil and its benefits red line synthetic motor oil is a popular choice for 350z engines the 5w 30 engine oil reduces the temperature of the engine this oil comes with additives like zinc that offers wear protection and ester base stocks that assure stability and film strength of the oil fun fact what 39 s referred to as zinc in motor oil is actually zinc dialkyl dithiophosphate zddp but zinc is much easier to say zddp anti wear additives bond with the metal surfaces of the engine to create a coating that can handle the high pressures experienced by the camshaft and followers the nissan 350z engine oil capacity is between 5 0 quarts 4 7 liters and 5 2 quarts 4 9 liters depending on the engine and model year for example the 2006 nissan 350z with the 4 7l vq35de 6 cyl engine has an engine oil capacity of 5 0 quarts 4 7 liters nissan datsun 350z engine oil best engine oil for nissan datsun 350z from 5 99 chemicals oil wash apply changes fluids and chemicals motor oil and transmission fluid 1 24 of 361 results items per page filter sort by brand price valvoline high mileage synthetic blend engine oil 5w 20 5 quart part 881162 sku 452654 on

average the 350z engines require 5w30 or 10w30 the oil capacity ranges from 5 to 5.2 quarts this depends on different model years this article covers all the information you need about the oil type and oil capacity of different nissan 350z cars made from 2003 2009 whether you need high mileage oil synthetic oil or conventional oil you will find the right 2023 nissan z motor oil at firestone complete auto care nissan has specifically identified either synthetic or conventional as the best motor oil for your 2023 z motor oil helps lubricate the engine's moving parts keep the engine cool and prevent wear we analyzed official data on nissan 350z engine oil for 1 generation and 9 modifications produced from 2002 to 2009 and figured out the optimal liquids kia sportage hidden features making your suv even smarter why does my car feel wobbly on the highway we answer is 4000 rpm at 70 mph bad counting the best rpm level like this content no matter what year your vehicle is it needs zmax micro lubricant to disperse carbon build up in your engine fuel system and transmission this helps improve performance extend engine life and reduce emissions

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